



# Parmigiano Reggiano



**Dofinansowane przez  
Unię Europejską**

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- Parmigiano-Reggiano is a hard, granular cheese originating from the Parma and Reggio Emilia regions of Italy. It is typically aged for an extended period, resulting in a crumbly texture and a rich, nutty flavor. Known for its high quality and traditional production methods, Parmigiano-Reggiano is often referred to as the "King of Cheeses."
- Parmesan is primarily produced in two Italian regions: Parma and Reggio Emilia. These areas are considered the traditional production regions for this cheese.

# The beginnings of parmesan

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Parmesan, also known as Parmigiano-Reggiano, has its roots in the Middle Ages, around the 11th century. It was initially produced by monks in Benedictine monasteries in the Italian regions of Parma and Reggio Emilia. The traditional methods of making this cheese, using fresh milk, salt, and rennet, have been maintained over the years, ensuring the high quality and authenticity of Parmigiano-Reggiano.

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# Production of Parmesan cheese

- The production of Parmigiano-Reggiano commences with the collection of high-quality raw milk, carefully curdled and heated, followed by molding and salting. The cheese wheels then undergo a meticulous aging process lasting at least 12 months, contributing to their distinct texture and flavor. Each wheel undergoes a thorough inspection, and only those meeting stringent standards receive the coveted Parmigiano-Reggiano seal, ensuring the preservation of its authenticity and exceptional quality.





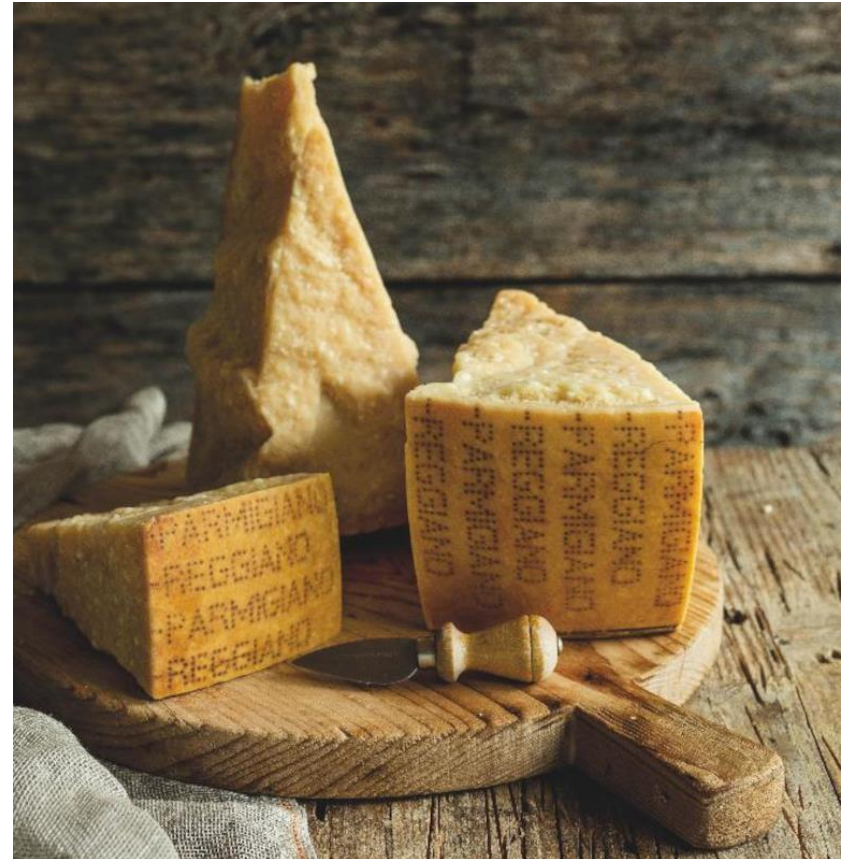
## *Parmesan Around the World*

- Parmigiano-Reggiano gained international acclaim through its centuries-old heritage, precise production techniques, and unmistakable taste. As Italian cuisine became globally popular, this cheese became synonymous with quality. Its recognition as a Protected Designation of Origin (PDO) product reinforced its authenticity, solidifying Parmigiano-Reggiano's position as a globally esteemed and sought-after cheese.

# *Parmesan as an Economic Driver*

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- The production of Parmigiano-Reggiano profoundly influences the local and national economies of Italy. In the regions of Parma and Reggio Emilia, it serves as a linchpin, creating jobs for local farmers and cheesemakers. This economic impact ripples through related sectors like milk production, transportation, and tourism.
- On a broader scale, Parmigiano-Reggiano is a crucial player in Italy's export market, contributing substantially to the nation's economic growth. Beyond its economic significance, the cheese plays a vital role in promoting Italy's culinary heritage globally, reinforcing its image as a cultural and gastronomic powerhouse. Thus, the production of Parmigiano-Reggiano not only sustains local livelihoods but also contributes significantly to Italy's international economic and cultural influence.



# Thank you for your attention

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